

# Pinhoti 100 Course Description

The race starts at the Pine Glen Camp Ground (Choccolocco Management Area) in Heflin Al. Run east out of camping area and turn Right on FS500. Go 50yds and turn Right on the Pinhoti Trail. Continue on the Pinhoti Trail on Brymer Mtn, passing by Highrock Lake and crossing FS531 on to the second crossing of FS531. There you will find Aid Station 1 at a total of 6.7 miles.

Continue on the Pinhoti crossing FS500 and continuing 6.57 miles on to the Shoal Creek Trail Head Parking and Aid Station 2. Total mileage here is 13.27mi.

Take the FS500 up hill for .2 mi and turn Left on Hwy281 (Skyway Motorway). Go over bridge and turn Right to get back on the Pinhoti. Travel over Horseblock Mtn crossing over Hwy 281 on to Aid Station 3. 5 miles between aid stations and a total of 18.27 miles.

Turn left on Hwy 281 (Skyway Motorway) and go across the I20 overpass. Just across the bridge you will turn Right and get back on the Pinhoti Trail. Continue through Horseblock Mtn till you come to the Hwy 431 crossing. Cross over Hwy 431 and go right, (being very careful to look for traffic in both directions) turn left and go up dirt road to Aid Station 4. 4.4 miles between aid stations and a total of 22.71 miles.

Take the Pinhoti Trail in the back of the parking area and continue on crossing over Strickland Motorway and big waterfall. Pass by Morgan Lake on to County Rd 24 and Aid Station 5. 4.95 miles between aid stations and a total of 27.66 miles.

Cross over County Rd 24 using extreme caution! (Look for traffic in both directions). Continue immediately on the Pinhoti Trail. Travel through Hillabee Creek, cross Power Line on to Blue Mtn and CC Road and Aid Station 6. 8 miles between aid stations and a total of 35. miles.

Continue directly on the Pinhoti traveling through Blue Mtn and on to the Bald Rock Trail detour. Continue on the Bald Rock Trail, climbing to the top (not a significant rocky section like the west side, Much easier!) of Alabama at Cheaha State Park. This is the highest point in Alabama at 2407 ft. Continue following course markings along wooden boardwalk for .25 miles on to the Bald Rock parking lot and continue straight following the course markings right on Bunkner Loop Rd .82 miles passing camp ground on left and Pulpit Parking lot on right. Make a hard right just past the Rangers House. Continue to end of Rock Garden parking lot and take the Steep Lake Trail (Better know as Blue Hell from the Mount Cheaha 50K race, coming from the opposite direction) down the mountain .8 of a mile. Exit trail and enter Cheaha Lake parking area to pavilion and Aid Station 7 Cheaha Lake 7.28 miles and 42.44 miles total,

Travel through the Bald Rock parking lot following course markings, down Bunker Loop Rd .82 miles, passing camp ground on left and Pulpit Rock parking lot on right. Make a Hard Right just past the Ranger House. Continue to end of Rock Garden Parking Lot and take the Steep Lake Trail (Better Known as BLUE HELL from the Mount Cheaha 50K race, coming from the opposite direction) down the mountain .80 of a mile. Exit trail at the bottom of the mountain and follow course markings around Cheaha Lake. Turn Right on Hwy 281 (Cheaha Rd) and go 1.2

miles. Turn Left on FS600-3 and go 1.3 miles to Aid Station 8 and Entrance to the Silent Trail. 4.31 miles between aid stations and a total of 45.25 miles.

Turn Right on the Silent Trail and go 3.19 miles crossing over Cheaha Creek and travel along side Chinnabee Creek. Turn Left on the Skyway Loop Trail immediately crossing Chinnabee Creek and continue 3.63 miles to Aid Station 9 near Hubbard Creek. 6.82 miles between aid stations and a total of 52.07.

Continue on Skyway Loop Trail on to the split of the Skyway Loop and Pinhoti Trail. Stay Left and go .18 miles through rocky section to Aid Station 10 and Adams Gap. 3.27 between aid stations and a total of 55.34 miles. (Just over HALF WAY!)

Turn Right and Take FS600 (Skyway Motorway) 4.9 miles to Aid Station 11, Clairmont Gap. 4.96 miles between aid stations and a total of 60.29 miles.

Take the FS600 (Skyway Motorway) 2.25 miles and turn left to get back on the Pinhoti Trail. Go 1.38 miles and cross over Jeep Road. Stay on the Pinhoti for 1.30 miles. Turn Right on Jeep Road and go .22 miles, crossing over bridge and R&R tracks (trains can be moving fast here. Be careful!) , arriving at Aid Station 12, Chandler Springs. 5.15 miles between aid stations and a total of 65.44 miles.

Continue on paved road .15 mile and turn Right on to the Pinhoti Trail. Go 3.19 miles through Chandler Gap on to Porters Gap and Aid Station 13 at Hwy 77. This is located approx 10 miles east of Talladega Al. 3.34 miles between aid stations and a total of 68.78 miles.

Continue across Hwy 77 using extreme caution for Hwy traffic east and west bound. Pass by Scott's Lake and then climb Horn Mtn 900' in 1.15 miles to the Pinnacle, Aid Station 14. 5.75 miles between aid stations and a total of 74.53 miles.

Exit aid station and cross over Horn Mtn jeep Rd staying on Pinhoti .65 miles and cross over jeep rd continuing on Pinhoti Trail. Go 4.5 miles to Aid Station 15, Wormys Pulpit. 5 miles between aid stations and a total of 79.53 miles. Turn Right on to FS600 jeep rd and go .2 mile passing under Power Lines

Continue on FS600 Jeep Rd 3 miles across Horn Mtn. Turn Left on to Pinhoti trail following course markings .6 mile and cross over jeep rd and continue on Pinhoti Trail. Go 3 miles to Aid Station 16, Bulls Gap. 6.1 miles between aid stations and a total of 85.63 miles.

Turn Right on to FS607 and go 4 miles, passing by Rocky Mtn Church to intersection of Forest Service Rd..

Turn Left on to Wiregrass Rd (Forest Service Rd). Go approx. 3.7 miles and turn Right on to FS601D

Go .2 to Aid Station 17. 9.7miles between stations and 95.33 total. Continue on 601D .3 miles and turn right and go over two humps. Continue across dam Go .45 and turn right on Jeep Trail –

FS609. Go approx. 30 yards and turn left on temporary trail for 10 yards to left on Sylaward Trail. Turn Right on Sylaward and go 2 miles to right on jeep road. Go .5 miles to right on to Sylaward Trail. Follow 1.8 miles to the finish.