**To Aid Station #3 (High Rock) From Anniston/ Oxford area**

(This is an also an optional route from Heflin)

Travel on I20E to Exit 191, Hwy431/ Hwy78 (Talladega Scenic Byway).

Go up ramp to stop sign.

Turn Left and go approx .5 miles to stop sign.

Turn Right on Hwy 78E

Go 5.6 miles and turn Left on Ramp to Hwy281 (Scenic Drive).

Go up ramp to stop sign.

Continue Straight across and downhill on FS500.

Cross R&R tracks and stay left on FS500.

Go 2.35 miles on FS500 and turn Left on FS531.

Go .9 miles to Pinhoti Trail Crossing and Aid Station #1 (High Rock).