**To Aid Station #3 (High Rock) From Jacksonville**

Take Hwy 21 South and turn Left on Whites Gap Rd

Go 5.4 miles to Stop Sign

Continue straight on to Rabbit Town Rd

Go 1.6 miles

Turn Right on to Brown Bridge Rd

Go 1.1 mile and turn Left on to Rd532 (there is a brown sign with white letters saying Coleman Lake)

Go 5.2 miles to Stop sign

Turn Right on to FS500 and go approx. 4-5 miles to Pine Glen Camp.

Cross bridge and and continue straight for 4.6 miles and turn left on to FS531

Go .9 miles to Pinhoti Trail Crossing and Aid Station #1 (High Rock).

Aid Station to be set up along road by trail entrance