## Turn by Turn directions to Crew Accessible Aid Stations

From Race Start at Porters Gap to Aid Station \#1 (Pinnacle-GPS 33.316239, -86059273): Depart Porters Gap trail head and turn left (east) on Hwy 77 and go approx. 1.5 miles and turn right (going up hill) on FS600-7/307. Go approx. 2.5 miles to Trail crossing. You'll see blue flags on the right and left. Do not block flags or trail crossing. Park on side of FS road being sure you are in no way blocking any traffic. AS is located about 50 yards down path to the right.

From AS\#1 (Pinnacle) to AS\#3 (Bulls Gap- GPS 33.196641, -86.065587): Depart by turning around and driving out the way you drove in. Go approx. 2.5 miles and turn right on to Hwy 77 (east) and go approx. 1 mile and turn right on to Cty Rd 7. Go 2.45 miles and turn right to stay on Cty R 7.Go 5.7 miles and turn right on to Hwy 148. Go 1 mile to top of Mtn, to second dirt road on the right. (Small parking area on left. Do not drive to or through AS. If you have to park along side of Hwy 148 just be sure all four tires are completely off the road.

From AS\#3 (Bulls Gap) to AS\#4 (Rebecca Tower- GPS 33.164838, 86.140752): Go East (turn left out of parking area) on Hwy 148 going downhill for 1 mile and turn Right on to Cty Rd 7 and go .8 tenth of a mile and turn right on to Bull Gap Rd. Go 2.1 mile and con't straight and go 3.5 miles and turn right on Sage Gap Rd. ${ }^{* * *}$ This road is paved and goes up hill to AS at top of Mtn. Total distance after turning on this road to AS is 1.3 miles. You will only go 1.1 mile and see blue flags. Runners will be coming out of woods from right hand side. DO NOT drive past this point. Because of all the rain this year the side of the road is grown up too much past this point. You must pull completely off roadway so traffic (emergency or otherwise) is not blocked. You can crew your runner here or walk up hill to AS. ${ }^{* * *}$

From AS4 (Rebecca Tower) to (Trammell Crew location- GPS 33.168912, -86.195019): Go back the way you came in for 1.1 miles and turn right on to Bull Gap Rd. Go 3.4 miles and turn right on Goodwater Hwy 511. Go 7 miles back in to Sylacauga and con't straight for 1.1 miles and turn right on to Hwy 148 East. Go 3.2 miles and turn left on to Trammell. **Park along side of dirt road. DO NOT block any traffic.**
${ }^{* * * *}$ DO NOT drive on any dirt roads other than what is listed in the instructions above****
(From Trammell) to (Sylaward Trail Head / Lake Howard / Finish Line area- GPS 33.199420, -86.193387): Take Hwy 148 West for 3 miles (To first traffic light) and turn right on to N Main Ave. Go till you see Legion Stadium on the left. Go past stadium and turn right on East $8^{\text {th }}$ St- Old Talladega Hwy. Go approx. .5 of a mile and turn right on to Old Field Rd. Go a little over 2 miles and turn right on to Lake Howard Rd (You'll see a big sign for Sylaward Trail Head). Follow this for a couple of miles to Finish area.

